



Writing with Constraints

with *Michał Kamil Piotrowski*

COURSE LENGTH:

short course: 4 weeks

TYPE: online, synchronous
(live)

LEVEL: all writing levels are
welcome

SCREEN TIME:

2 hours/week

WRITING TIME:

2 hours/week

START DATE: 16 July 2026

END DATE: 6 August 2026

TIME: 7PM UK time (7–9:15)

COURSE SCHEDULE:

Thursdays: 16 July – 6

August

16 July: class 1

23 July: class 2

30 July: class 3

6 August: class 4

DISCOVER HOW PURPOSEFUL LIMITATIONS CAN SKYROCKET YOUR WRITING.

About the course:

Writing with Constraints is a four-week creative adventure designed to help you discover the freedom hidden within limits. Each session explores different forms of self-imposed limitation, from texts that avoid particular letters, and poems shaped to follow a strict word count, to inventive responses to paintings, or unconventional formats. Each week, you will write, share (if comfortable), reflect, and discuss, transforming constraints into creative tools that allow you to write better, more consciously, and with way more fun! You will discover how constraints can challenge habits and elevate your language, and learn to set (and bend) rules to suit your voice. Guided by prompts, group discussions, and peer feedback, you'll develop a portfolio of a minimum of eight pieces. Whether you are a poet, storyteller, or simply looking for creative fun, *Writing with Constraints* will help you see writing as a space of endless invention. If you are curious about how structure can unleash creativity, then this course is for you!

What to expect:

The course will mix a multimedia-based lecture with a workshop. You will write and get feedback at each lesson; at the end of the course, you will have created a mini-portfolio of innovative poems.

You will expand your knowledge of contemporary poets too, including Christian Bök, Sarah Riggs, Matt Martin, Gregory

Betts, Helen Frank, Kyle Flemmer, and many more!

Please note you have to be over 18 to join our courses.

Concessions:

Please send relevant documentation should you wish to apply for our concession rates or one of our bursaries. We offer a discount of 25% or more to anyone eligible. You can read more about the eligibility and how to apply in the 'Support' section of our website. Please email us at admin@experimentalwriting.school if you need further help or have any questions.

About Michał Kamil Piotrowski:

Michał Kamil Piotrowski is an experimental poet, visual artist, and curator. He mostly writes experimental, visual, and technology-powered poetry. His practice tends to blend text with 3D work and his poems are often interactive. The themes he explores the most are technology, politics, love, and mental health. His first book, interactive text *The Cursory Remix* (2021, Contraband Books) has been co-written by Google Translate. His second experimental book *The Idiotlect Dictionary* was published by Veer in 2023. His TEDx talk *The Power of Experimentation: Poetry for the 21st Century* is worth watching. Find out what he's up to on Instagram (@somecoolwords).